

## GOOD MORNING

WE HOPE YOU HAD A GOOD NIGHT'S SLEEP. GET YOUR DAY OFF TO A HEALTHY START WITH OUR BREAKFAST.

ALL DISHES ARE LACTOSE-FREE AND FREE OF REFINED SUGAR. PLANT-BASED ALTERNATIVES TO COW'S MILK ARE ALSO AVAILABLE, AS ARE HOMEMADE VEGAN AND VEGETARIAN SPREADS FOR BREAD. GLUTEN-FREE OPTIONS ARE ALSO AVAILABLE ON REQUEST.

SUSTAINABLY WORKING WITH LOCAL PRODUCE IS NOT THE EXCEPTION FOR US, BUT THE RULE

## BEVERAGES

FILTER COFFEE AND COFFEE SPECIALITIES FROM THE ROASTING HOUSE SCHVARZ ALSO WITH OAT & ALMOND DRINK

JUG OF TEA, FRESH GINGER TEA, HOT CHOCOLATE

ORANGE JUICE, GRAPEFRUIT JUICE, CLOUDY APPLE JUICE, MELON-SEA BUCKTHORN SMOOTHIE\*, STRAWBERRY SMOOTHIE\*

**FRITZ'S  
FRAU  
FRANZI**  
BAR & RESTAURANT

BREAKFAST MENU

## FOOD

BOILED HAM FROM PARIS,  
AIR-DRIED ITALIAN SALAMI,  
SERRANO HAM

SALMON & HORSERADISH

BRIE, GOUDA, LEERDAMMER, FETA,  
BUFFALO CAPRESE,  
VARIATIONS OF CREAM CHEESE\*

OLIVES, RAW VEGETABLES,  
SALAD, BOILED EGGS

BELL PEPPER TOMATO SPREAD\*  
VEGAN

GREEK YOGHURT LACTOSE-FREE,  
COCONUT YOGHURT,  
CHIA CUSTARD, FRESH FRUITS

NUT MUESLI\*, COCONUT MUESLI\*,  
OVERNIGHT-OATS\*,  
GLUTEN-FREE & HANDCRAFTED IN  
OUR OWN MUESLI MANUFACTURE

JAMS, HONEY,  
HAZELNUT SPREAD\*

BREAD & ROLLS,  
CROISSANT

## FRITZ'S FRAU FRANZI FOR TAKE AWAY

MUESLI 400 GR  
**11,90**

OVERNIGHT-OATS 400 GR  
**9,90**